

TRICHOMONIASIS

PERSONAL HEALTH FACT SHEET

What is Trichomoniasis?

Trichomoniasis is a common and persistent protozoan infection of the genitourinary tract, caused by the organism Trichomonas vaginalis.

How is Trichomoniasis spread?

Trichomoniasis is spread during oral, anal or vaginal sex with someone who is infected.

How is it treated?

Prescription medications may be prescribed by a medical provider. It is very important to:

- ◆ Inform your health care provider if you think that you may be pregnant before taking any medications.
- ◆ Take all medicines as prescribed even if you start to feel better.
- ◆ Stop all sexual activity until treatment is completed.
- ◆ To prevent re-infection inform all sex partners that you have Trichomoniasis and encourage them to be tested and treated.

How can we prevent Trichomoniasis?

- Don't have sex or at least limit your number of sexual partners. The more people you have sex with, the greater the chance of getting an STD.
- If you choose to have sex, be prepared. Have condoms with a water-based lubricant on hand and use a new condom every time you have sex.
- Have regular exams if you are sexually active. If you think you have an STD, get tested and ask your partner(s) to get tested as soon as possible.

SYMPTOMS OF TRICHOMONIASIS

- Yellow-green vaginal discharge in women
- Men may have a discharge from their penis
- Discomfort during urination
- Irritation or itching around the vagina

**LIVINGSTON COUNTY DEPARTMENT OF PUBLIC HEALTH
2300 E. GRAND RIVER AVE., SUITE 102, HOWELL, MI 48843-7578
(517) 546-9850
www.lchd.org**